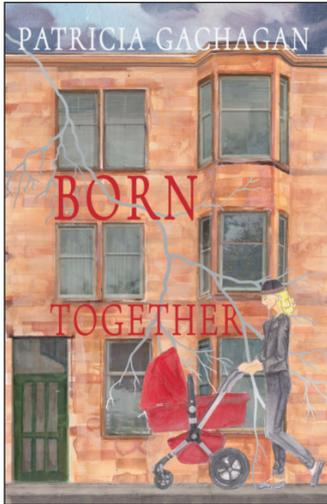




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PRESS RELEASE

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BORN TOGETHER

Patricia Gachagan's compelling memoir about motherhood and Multiple Sclerosis will inspire and uplift readers

**"Gentle yet brutally honest, spiritual yet grounded."
– Elaine Collins, Acupuncturist and PSYCH-K Facilitator**

"My book takes the reader on a bumpy ride, but with the most wonderful ups as well as those uncomfortable downs," says Patricia of her memoir, which offers those living with MS a new perspective of life with the illness. The book will be released in time for World MS Day in May 2017.

Born Together is the inspiring memoir of Patricia Gachagan, who was diagnosed with Multiple Sclerosis, and her determination to overcome the challenges to live a full life and to be a mother to her son, Elliot. When Patricia became pregnant with Elliot, she could not contain her joy and elation at the prospect of starting a family. But within hours of his birth, her body began to deteriorate. *Born Together* tells of Patricia's struggle to cope with her declining health and the simultaneous demands of motherhood.

Eventually, Patricia was diagnosed with MS, and it was put to her that her immune system had attacked itself, in error, following the birth of her baby boy. Patricia took an alternative approach to almost everything and refused to settle for a prognosis of a life of disability and vulnerability. Many doubted her ability to succeed, but her determination to turn her life around was rewarded with a new and pioneering treatment, researched by Medical Research Scotland and part-funded by the Scottish Government Enterprise Scheme.

"*Born Together* is capable of changing people's lives and shares information about this new and promising treatment," explains Patricia. Within her memoir, Patricia reveals how she was the first person, with MS, to test the Robo-Physio device. The innovative device is due to be released to the public in 2017, and is expected to attract widespread media attention.

**"A brilliant read – inspirational in all kinds of ways"
– Lorna Evans, Business Manager at Canberra University and mother**

PATRICIA GACHAGAN worked as a school teacher for 15 years, spending this time living and working in London, Barcelona and Glasgow. She retired early due to ill health following the birth of her son shortly before her 40th birthday. Since then, Patricia has turned her attention to her lifelong passion for writing.



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PRESS PACK

FOR AUTHOR INTERVIEWS, REVIEW OR COMPETITION COPIES, ARTICLES, PHOTOS OR EXTRACTS PLEASE CONTACT ALEXA DAVIES

TEL: 0116 279 2299 EMAIL: ALEXA_DAVIES@TROUBADOR.CO.UK

TROUBADOR PUBLISHING, 9 PRIORY BUSINESS PARK, WISTOW ROAD, KIBWORTH, LEICESTER LE8 ORX