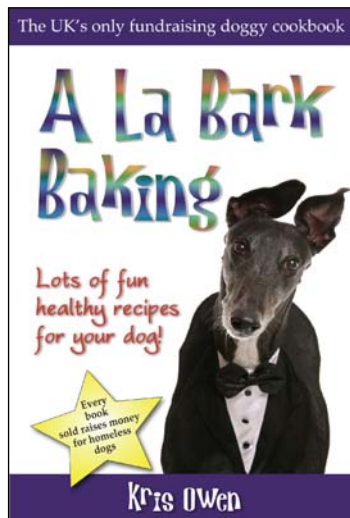




www.alabarkbaking.co.uk



A La Bark Baking

Kris Owen

A fun cookbook containing healthy, easy and inexpensive biscuit, treat, cake and dinner recipes to make for your dog.

As we become more aware of healthy eating, we're not only questioning what goes into our own food, but also that of our pets. Many commercial dog biscuits contain colouring, flavour enhancers and other preservatives that may not be good for them, and many dogs are now suffering allergies, in the same way as people. Baking your own food not only ensures that your dog is receiving good quality ingredients, but is also often cheaper.

Many of the featured recipes are very quick and easy to make, and will freeze until you need them, and most of the ingredients are readily available from the supermarket. The book contains wheat free, meat free, low calorie and low protein recipes to suit most dogs, plus there are some fun ideas for birthdays and special occasions.

You can modify most of the recipes to suit your own dog and have fun at the same time. Cooking for a dog is also a good way of encouraging children to get more involved in their pet's wellbeing.

A donation from every book sold will help to fund rescue kennels for homeless greyhounds and lurchers.

Every year, many thousands of greyhounds are bred for the racing industry. Many of these dogs never see a track as they are just not fast enough and most have retired by the age of five. Injuries are also common. There are organisations and individuals trying to save and rehome these dogs, but they need financial help and publicity.

There is a popular misconception of the breed that they need lots of exercise and do not make good house pets. Nothing could be further from the truth: in fact, they are known as 40mph couch potatoes. They require only short walks and can often live happily with cats and other small dogs. They also make ideal companions for the disabled and elderly.

About the Author: Kris Owen worked as a manager in the civil service for over 25 years, until redundancy gave her the incentive to start her own dog catering company. She has owned dogs all her life and is now an active fundraiser for ex-racing greyhounds, a breed she loves.

PUBLICATION DATE 19 October 2009

ISBN: 9781848762138

Price: £7.99

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