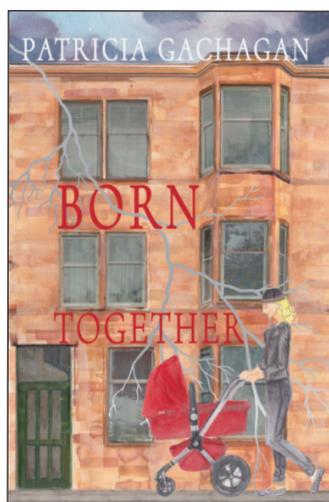




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BORN TOGETHER

Patricia Gachagan

“Gentle yet brutally honest, spiritual yet grounded.”

– Elaine Collins, Acupuncturist and PSYCH-K Facilitator

Born Together is the inspiring memoir of Patricia Gachagan, who was diagnosed with Multiple Sclerosis, and her determination to overcome the challenges to live a full life and to be a mother to her son, Elliot. When Patricia became pregnant with Elliot, she could not contain her joy and elation at the prospect of starting a family. But within hours of his birth, her body began to deteriorate. *Born Together* tells of Patricia's struggle to cope with her declining health and the simultaneous demands of motherhood.

Eventually, Patricia was diagnosed with MS, and it was put to her that her immune system had attacked itself, in error, following the birth of her baby boy. Patricia took an alternative approach to almost everything and refused to settle for a prognosis of a life of disability and vulnerability. Many doubted her ability to succeed, but her determination to turn her life around was rewarded with a new and pioneering treatment, researched by Medical Research Scotland and part-funded by the Scottish Government Enterprise Scheme.

Born Together is a unique story of courage and innovation which will both move and inspire the readers. It provides an eye-opening insight into life and motherhood with Multiple Sclerosis, and into the world of new therapies with Patricia being the first person, with MS, to test the Robo-Physio device – a new invention that is currently being researched further. *Born Together* will inspire its readers who are also living with MS when it is released in time for World MS Day in May 2017.

“A brilliant read – inspirational in all kinds of ways.”

– Lorna Evans, Business Manager at Canberra University and mother

PATRICIA GACHAGAN worked as a school teacher for 15 years, spending this time living and working in London, Barcelona and Glasgow. She retired early due to ill health following the birth of her son shortly before her 40th birthday. Since then, Patricia has turned her attention to her lifelong passion for writing.

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